

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Black Bean Chicken
(CE, E, SO, G/B, W)

Lemon & Herb Piri Piri Chicken

Butcher's Sausage with Mashed Potato & Gravy
(MK, SU, G/W)

Beef & Lentil Chilli con Carne
(MU*, G/B*, O*, R*, W*)

Battered Fish & Chips
(F, G/B*, W)

VEGGIE



Black Bean Winter Vegetables
(CE, E, SO, G/B, W)

Lemon & Herb Piri Piri Quorn
(G/W)



Veggie Sausage with Mashed Potato & Gravy
(CE, MK, G/W)

Smokey plant Based Chilli
(E, SO*, G/B)

Margherita Pizza & Chips
(MK, G/W)

SIDES



Egg Noodles & Stir Fried Greens
(E, G/W)

Steamed Rice & Green Beans

Seasonal Vegetables



Steamed Rice with Peas & Carrots



Beans or Peas

PUD



Jam & Coconut Sponge with Custard
(E, MK, SO*, G/W)

Chocolate & Orange Marble Cake
(E, MK, SO*, G/W)

Apple Tart with Custard
(MK, G/W)

Peach & Ginger Crumble with Custard
(MK, G/W)

Carrot Cake
(E, MK, SO*, G/B, O, W)



Daily Salad Bar | Homemade Bread | Fresh Fruit

DATES

5 JAN / 26 JAN / 23
FEB / 16 MAR

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG



WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Chicken Fajitas
(MK, SO*, G/W)

Pepperoni Pizza
(CE*, E*, MK, MU*, SO*, G/W)

Roast Chicken with Gravy

Italian Meatball & Roasted Vegetable Ragu with Pasta
(CE, G/W)

Battered Fish & Chips
(F, G/B*, W)

VEGGIE



Quorn & Vegetable Fajita
(E, MK, MU, SO*, G/B, W)

Margherita Pizza
(MK, G/W)

Vegetable Meatloaf
(CE, E, G/B, W)

Italian Plant-Based meatball & Roasted Vegetable Ragu with Pasta
SO, G/B, W)

Cheese & Tomato Pinwheel
(MK, G/W)

SIDES



Homemade Potato Wedges & Mixed Green Salad

Homemade Potato Wedges & Chef's Salad

Roast Potatoes & Roasted Seasonal Vegetables



Mixed Green Salad

Beans or Peas

PUD



Chocolate & Banana Sponge with Chocolate Sauce
(E, MK, SO*, G/W)

Eve's Pudding with Custard
(E, MK, SO*, G/W)

Caramel Apple Crumble with Custard
(MK, G/W)

Rice Pudding with Fruit Coulis
(MK)

Jam & Coconut Sponge with Custard
(E, MK, SO*, G/W)

Daily Salad Bar | Homemade Bread | Fresh Fruit

DATES

12 JAN / 2 FEB / 2 MAR / 23 MAR

ALLERGENS

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G/B = BARLEY

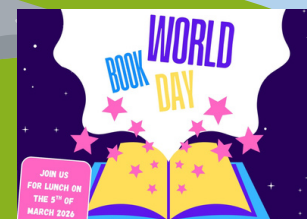
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WEEKLY MENU

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



**Tuscan Chicken with
Homemade Potato
Wedges
(G/W)**

**Beef & Lentil
Lasagne
(E*, MK, G/B*, W)**

**Chicken Tikka Masala
(MK, MU*, G/B*, O*, R*,
W*)**

**Beef & Lentil Cottage Pie
(G/B*, W*)**

**Battered Fish & Chips
(F, G/B*, W)**

VEGGIE



**Mac & Cheese
(MK, G/W)**

**Cheesy Roasted
Squash & Root
Vegetable Lasagne
(E*, MK, G/W)**

**Chickpea & vegetable
Masala
(CE, MK, MU*, G/B*, O*,
R*, W*)**

**Sweet Potato &
Squash Shepard's Pie
(CE, MK, G/B, W)**

**Margherita Pizza & Chips
(MK, G/W)**

SIDES



Mixed Green Salad

Steamed Rice

**Steamed Rice & Seasonal
Vegetables**

Carrots & Peas

S

Beans or Peas

PUD



**Caramel Apple
Crumble with Custard
(MK, G/W)**

**Sticky Toffee Pudding
(E, MK, G/W)**

**Chocolate & Orange
Marble Cake
(E, MK, SO*, G/W)**

**Banana & Berry Loaf
(E, MK, SO*, G/W)**

**Orange & Cranberry
Sponge
(E, MK, SO*, G/W)**

Daily Salad Bar | Homemade Bread | Fresh Fruit

DATES

**19 JAN / 9 FEB / 9
MAR**

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