

Year 10 Emotional-Based School Avoidance Programme 2023-24

ViewPoint is in its 3rd full year now and has been established as a proactive approach and nurturing programme to support young people in Mid and West Kent schools who have emotional-based school avoidance. The impact of many students involved in our programmes has been transformational.

Aim:

Our aim is to continue to support schools and help students to re-engage with their learning in a gradual and supportive way. Our small-scale, calm environment offers a personalized approach to each student to encourage the development of their emotional well-being, confidence and independent learning strategies to enable them to re-engage in learning initially and prepare them to engage more readily to learn.

Approach:

Our approach is to help students manage their school-related fears along with helping to identify and address underlying issues. We ensure the student, family and key staff within schools are kept abreast of any developments. We create a personalized programme and tailor our approach to the needs of each student. We gather information, plan, implement strategies and review progress to provide best methods of support. We use a range of diagnostic tools to support strategy development where appropriate including an adaptation of Mental Health Functioning in Education, Spense Questionnaire, student voice and Emotional Literacy Support Intervention (ELSA) toolkit.

ViewPoint+ Programme:

This is a **two day a week (Thursday and Friday) programme for year 10 students** who have extreme anxiety and emotional based school avoidance. And with whom in-school strategies have not had the success you would have hoped. The ViewPoint+ programme could be used as a gradual re-engagement for **year 10 students** back into formal education from little or no attendance and engagement at their home school. This could be:

- With a view for them to re-engage back full time into their home school.
- Or for them to take up a full-time space in June at ViewPoint for the full-time Year 11 programme.
- Or this space could be used as a respite for the young person.

Students:

By removing barriers to learning, ViewPoint+ can support the following students who:

- are diagnosed ASC/ADHD or on the pathway
- find school overwhelming, including the large environment or day to day school life
- have social anxiety in large groups of peers
- have large gaps in attendance to school and /or lessons due to medical needs or anxiety in general
- work best in a quieter and smaller learning environment
- struggle to form a relationship with key members of staff

Students who attend ViewPoint+ are ambitious and want to learn, but feel they have missed too much learning, due to a combination of the above barriers which impact their SEMH and engagement in learning.

General Provision:

- Based in an offsite provision in an old Georgian House
- Ratio of 1:6 (teacher to student)
- Two days a week - Thursdays and Fridays - 9.50am-2.15pm
- Structured sessions will start at 10am and finish at 2.15pm with a 30-minute break for lunch.
- Uniform will be black, grey and white – comfortable and appropriate
- Students will need to provide a packed lunch and bring their own refreshments
- Collaborative case management with registered school and families

Programme of Personalised Support:

- Personal Tutor for Check-ins
- Learning to learn sessions
- Independent study using different learning platforms studying a subject of their choice
- Online certificated CPD courses
- Creative & Social Activities
- 1-1 support and strategy development
- Small group work if appropriate
- Enterprise/Personal progression and Personal Finance lessons
- Access to the “R and R Room” to enable rest, re-energize, refocus and return to learning

Referral Process:

All referrals must be made through the home school of the students. This is usually from the Pastoral team/SLT

Key Contact at ViewPoint:

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